



**BROTHERS OF  
SAINT JOHN**



## **Guidelines for the Stay at the Cabins of Regina Caeli Hermitage**

**The Regina Caeli Hermitage, its Cabins, and Dome House are facilities  
of the Congregation of Saint John.**

### ***Who are welcome?***

- All retreatants must be at least 18 years of age.
- The Regina Caeli Hermitage is a place for prayer, discernment, reflection, and rest in God; it is not a hotel, or a place for vacation or recreation.
- We also kindly ask our guests to refrain from any spiritual practices not compatible with Christian faith.

### ***Food***

- You are responsible for bringing all food and drink required for your stay.
- The cabin kitchens are very rough, especially in the “Faithfulness” cabin, so we advise you to bring your food ready to consume.
- Water supply can be taken from the Dome House. It comes from a well and is presumed to be safe to drink. However, some people prefer bringing their own supply of bottled water.
- Please bring any perishable food and containers home with you after you use them.
- Trash must be carried out with you (there is no trash service at the RCH).

### ***Inside***

- Please wear clean soft-soled shoes inside. Bring walking shoes if you plan to go outside.
- Leave the cabin as clean (or cleaner!) as when you arrive; there is a checklist to assist you.
- Retreatants are responsible for damage beyond ordinary wear and tear.
- Electronic equipment (radio, TV, etc.), weapons, and drugs/alcohol are not compatible with the purpose of the grounds and therefore not allowed at the Regina Caeli Hermitage.

## **Outside**

- While exploring the grounds, stay on roads, trails and paths. Our neighbors appreciate their privacy; please stay off their land.
- You are in bear and mountain lion country! When outside, we suggest you carry a walking stick and an emergency whistle (we have a few available). Please do not leave food outside. Exercise caution, especially around sunrise and sunset, and when it is dark.
- Fire and wildfires are a constant danger in Colorado. For this reason, smoking, burning candles, and having bonfires are prohibited.
- Warm, comfortable clothing, good walking shoes or boots, sunglasses and sunscreen are recommended. Weather changes quickly in Colorado, so be prepared.

**Thank you for following these guidelines! God bless your stay!**

I acknowledge I have read the **Guidelines for the Stay at the Cabins of Regina Caeli Hermitage** and understand my stay is conditioned upon me following them:

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Signature of retreatant

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Date