



Guidelines for the Stay at the Dome House of Regina Caeli Hermitage

The Regina Caeli Hermitage and Dome House are facilities of the Congregation of Saint John.

Who are welcome?

- All retreatants must be at least 16 years of age. Minors under age 18 must be supervised by a responsible adult at all times.
- The Regina Caeli Hermitage is a place for prayer, discernment, reflection, and rest in God; it is not a hotel, or a place for vacation or recreation.
- We also kindly ask our guests to refrain from any spiritual practices not compatible with Christian faith.

Food

- You are responsible for bringing all food and drink required for your stay. However, meals can be provided if you desire so, just check the appropriate box while making your reservation.
- The Dome House has a fully equipped kitchen (stove, oven, fridge, large freezer, microwave, coffee machines, toasters, blender etc.).
- Water at the Dome House comes from a well and is presumed to be safe to drink. However, some people prefer bringing their own supply of bottled water.
- Please bring any perishable food and containers home with you after you use them.
- Trash must be carried out with you (there is no trash service at the Dome House).

Inside

- Please wear clean soft-soled shoes inside. Bring walking shoes if you plan to go outside.
- Leave the Dome House as clean (or cleaner!) as when you arrive; there is a checklist to assist you.
- Be mindful of conserving energy and water; turn off lights when not in use and make sure no faucets are dripping.
- Retreatants are responsible for damage beyond ordinary wear and tear.
- Electronic equipment (radio, TV, etc.), weapons, and drugs/alcohol are not compatible with the purpose of the grounds and therefore not allowed at the Regina Caeli Hermitage.

Outside

- While exploring the grounds, stay on roads, trails and paths. Our neighbors appreciate their privacy; please stay off their land.
- You are in bear and mountain lion country! When outside, we suggest you walk in groups, carry a walking stick and an emergency whistle (we have a few available). Please do not leave food outside. Exercise caution, especially around sunrise and sunset, and when it is dark.
- Fire and wildfires are a constant danger in Colorado. For this reason, smoking, burning candles (except for the liturgy in the chapel), and having bonfires are prohibited.
- Warm, comfortable clothing, good walking shoes or boots, sunglasses and sunscreen are recommended. Weather changes quickly in Colorado, so be prepared.

Thank you for following these guidelines! God bless your stay!

I acknowledge I have read the **Guidelines for the Stay at the Dome House of Regina Caeli Hermitage** and understand my stay is conditioned upon me following them:

Signature of retreatant

Date